



## We are Christ's Body

Leader: For I was hungry and you gave me food.  
I was thirsty and you gave me something to drink

**All: We are the hands of Christ.**

Leader: I was a stranger and you welcomed me.  
I was naked and you gave me clothing.

**All: We are the body of Christ.**

Leader: I was sick and you took care of me.  
I was in prison and you visited me.

**All: We are the feet of Christ.**

*C.f. Matthew 25:35–36*

Leader: Christ has no body now on earth but yours;  
No Hands but yours;  
No feet but yours;  
Yours are the eyes through which the compassion of Christ must  
look out on the world;  
Yours are the feet with which he is to go about doing good;  
Yours are the hands with which he is to bless his people.

*St Teresa of Avila*

Reader: For just as the body is one and has many members, and all the  
members of the body, though many, are one body, so it is with  
Christ....Now you are the body of Christ and individually members of  
it.

*1 Cor 12:12, 27.*

**All: Lord Jesus, teach us to be your hands and feet in the world,  
so that we will go about doing good. Teach us to be your  
eyes, so that we will look with love on our world.**

*Conclude with an appropriate hymn, e.g. 'Though We Are Many/Make Us A Sign'  
(Bernadette Farrell, Share the Light, OCP Publications)*